15Five

15 Tips for Writing 15Five Check-ins

- 1. Be honest about your Pulse score! It's okay to experience a tough week. Add some context by leaving a comment.
- 2. Preview guestions on Monday, so they are top of mind as you go through your week.
- 3. Utilize the entire week, and write as things come up. You don't have to wait until Friday!
- 4. Leverage your calendar and Slack conversations to jog your memory.
- **5.** Block 15 minutes in your calendar to create uninterrupted time writing your check-in.
- **6.** Link your priorities to your Objectives.
- **7.** Give meaningful high fives by highlighting specific behavior and the impact that it had. Specific behavior + Impact = Great High Five
- 8. @mention team members to loop them in on a topic.
- **9.** Take charge of your 1 on 1! Add talking points to your agenda, especially ones that contribute to your growth and development.
- **10.** Add items to wins & challenges, so you can reference them later when completing reviews.
- 11. Contribute to your 15Five when you're feeling energetic or inspired!
- **12.** Your writing should be qualitative, contemplative, and focused on growth and development.
- **13.** Remember: The 15Five Check-in is for your benefit! You are the primary beneficiary, your manager is the secondary, and the company is the tertiary.
- **14.** Bring up the small stuff.
- **15.** Feel empowered to give your manager feedback on questions/make suggestions on what you want to see on your 15Five.





